



ARCHERY DAYS FOR SCHOOLS

AIM FOR A NEW SPORT

TALK TO US ABOUT FUN-FILLED ARCHERY DAYS

COMBINING PE WITH SOCIAL EMOTIONAL HEALTH AND CURRICULUM LINKS

Benefits of Archery

- Focus and improved patience (cure for anxiety)
- Improves social, emotional and mental health
- Improved self-confidence and accomplishment
- Relaxed body and mind
- Improved sight performance (hand-eye coordination)
- Builds upper body strength

NEW has a bank of innovative, bespoke programmes just for you. Our work is evidence-based, colourful and creative, and we put the child at the centre of everything that we do. We are the missing piece, bridging the gap between how things are and how things should be.

Long and short term programmes available

- **£260 per day for up to 2 days**
- **£235 per day for 3 days or more**

Call us for a chat on **07587 724058** or drop us a line at wilderness@northeastwellbeing.co.uk

NorthEastWellbeing 

WORKING TOGETHER TO CREATE **NEW** OUTCOMES

North East Wellbeing (NEW) providing a range of professional services to children and the educational community within the North East of England.

North East Wellbeing is a registered charity No: 1154255 & company limited by guarantee No: 8330138